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Research Article

GEL CARD TECHNIQUE- A NEW METHOD OF CROSS-MATCHING OF BLOOD

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ARTICLE INFO

ABSTRACT

Article History:

Received 20th June, 2016 Received in revised form 29th August, 2016 Accepted 30th September, 2016 Published online 28th October, 2016 Crossmatching of blood is routinely done using tube method. This method involves washing steps and takes 90 min (1&1/2 hour). The gel card method introduced by Lappiere et.al is used for crossmatching of blood along with conventional tube method. In gel card method washing steps are not required and the time taken is only 30 min. A comparative study of conventional tube method vs gel card method is performed in 131 cases. The sensitivity and specificity are 100% in both the methods. The advantages and disadvantages of the methods are discussed.

Key Words: Gel Card, Crossmatching, Blood

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INTRODUCTION

The major cross-match is performed to minimize the risk of a patient receiving incompatible blood. The tube technique has been the cornerstone of compatibility testing over last 40 years, but the enhanced sensitivity of the gel card technique has made the interpretation of the tests more objective.⁴

To read the relative strength of agglutination correctly in the tube technique, lots of experience & concentration is required. To obtain good results the reaction must be examined by a qualified person within a short span of time, even then sometimes it is difficult to interpret.¹

In an attempt to overcome this practical difficulty of the tube technique, the gel card micro typing method was introduced by Lapierre and Rigal in 1990. ⁵ Gel cards are now commercially available.⁶ In some European countries, field testing for gel card method began in 1987 & the kit was available by 1988.⁵

The gel card kits are available in USA since 1995. The gel card micro typing system utilizes a sephadex gel to capture agglutinate in a semisolid medium. This enhances the visibility of agglutination compared to the traditional tube technique.³ The gel test was initially developed to standardize agglutination reactions & to fix agglutinates to allow a simple and reliable reading.²

It consists of Dextran Acrylamide gel particles in a microtube. Red blood cells are centrifuged through gel .The gel acts as a trap. The free RBC'S pellet is seen in the bottom of the tube, while the agglutinated RBC'S are trapped in the gel for hours.⁵ In a gel card 8 micro tubes are embedded in a plastic card for easy handling, testing & reading.

In the present study, cross matching by both conventional tube method and gel card method is attempted for the patients admitted to Kamineni Institute of Medical Sciences, Narketpally.

MATERIALS AND METHODS

A total of 131 cases are taken for study from 6/9/2015 to 16/12/2015.

All samples are cross matched using standard conventional tube method. In addition, all samples are cross matched using the gel card method.

Both the methods of cross matching are compared for:

- 1. Time taken
- 2. Cost
- 3. Accuracy of the result
- 4. Assessment of sensitivity & specificity

OBSERVATIONS AND RESULTS

The highest number of cases studied belonged to O positive blood group.

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Table 1	Blood	group	wise	distribution	of the	cases	studied
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CONCLUSIO.	ľ
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BLOOD GROUP N=131 A positive 23 A negative 3 B positive 40 B negative 1 AB positive 8 AB negative 0 O positive 52 O negative 4

The results of crossmatching by both methods are comparable. The sensitivity and specificity is 100% by both methods of crossmatching. Gel card method takes only 15-20 min and has no washing steps. Results can be preserved for 3-4 days unlike tube method where results cannot be preserved.

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Blood	0-10 years		20-	20-Nov		21-30		31-40		41-50		> 50	
group			years		years		years		years		years		Total
	Μ	F	Μ	F	Μ	F	М	F	Μ	F	М	F	
A+ve			2	4	1	3	1	2	3	1	4	2	23
A –ve						1					2		3
B+ve	1	4	2	6	4	9	2		2		8	2	40
B-ve											1		1
AB+ve		1				2	2			1		2	8
AB-ve													0
O+ve		1	1	4	3	8	3	8	2	6	7	9	52
O-ve	1			1							1	1	4
	2	6	5	15	8	23	8	10	7	8	23	16	131

DISCUSSION

Tube method of cross matching is a labourious & timeconsuming method. Tubes must be read one by one & manipulated by hand. There are 6 centrifugal steps in the tube cross matching method. Tube method takes 60-90 min.The sensitivity & specificity depend on the technicians' techniques, how the tubes are handled and read.

These can be overcome by gel card method. It has the advantages of being sensitive & easy to perform. A reagent can be added directly to the gel & the antiglobulin test can be performed without any washing of red blood cells. The interpretation of results is clear & simple. The differences between positive and negative results are distinct. The technique is rapid to perform, reliable procedure without controls. There is decreased technique dependence. The gel card method takes only15-20 min for testing. Gel cards can be read with accuracy for at least 24 hrs. The positive predictive value is 100% like conventional method.

Summary

In the present study, undertaken from 6/9/13 to 30/10/13,131 cases are analysed using both conventional tube method and gel card method, it is observed that gel card method is less time-consuming, has sensitivity and specificity is 100%. But gel card method is costly due requirement of costly and separate incubator and centrifuge and price of the kit (400 tests – Rs 12,000).

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