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# **RESEARCH ARTICLE**

# TO STUDY THE OPINION OF SOCIAL WORK STUDENT ABOUT TIME MANAGEMENT FOR THE DEVELOPMENT OF INDIA

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# **INTRODUCTION**

There are many approaches toward understanding the phenomenon of time. Before we go to the analysis of time we should know about what is Time? And we should be aware about that.

#### What is Time?

When speaking of time perhaps the best place to begin is at the beginning with a definition of time. What is time? What is it that clocks are measuring? They seem to measure some unseen medium that continues on with a constant and never-stopping force. In fact, time is often thought of as a river that flows in one direction and slows for no one, always sweeping everything and everyone along with it.

We certainly experience the passing of time. We are born and live our lives feeling as though we are constantly being pushed and pulled by this unseen phenomenon. So then what is time? Well one thing I do know is that time is a very curious thing. Ask anyone on the street if they know what time is. They are sure to answer yes. But then, ask them to explain it to you and they will almost certainly be at a loss for words. Think about it. Something that dominates our language, our everyday thoughts and life but yet we can't explain it nor do we understand it.

Time also seems to vary with culture. For instance in the language of the Navajo there is no past present and future tense likes those of many languages.

Events are talked about with regard to their quality of happening rather than their temporal quality. Is it possible then that time may not really exist but is just an illusion of our mind created by our own biological and Cultural Revolution? So what is time? The answer is still close but very elusive.

It hides right in front of us in our philosophy and our religion, in our science fiction and science fact, in our art and folklore, and in our mathematics and physics, even in our own human spirit and mind. When did time begin? Was it when the universe began with a bang or was summoned into existence by some great force? Perhaps n either or both. Will time have an end? Maybe we should travel to the future and find out. Perhaps when speaking of time only one thing is certain, our journeys into time are just beginning.

#### **Definition:** Time Management

Time management is the act of taking conscious control over the amount of time spent on specific activities. You exercise time management to increase productivity, effectiveness and efficiency. You practice skills and use tools and techniques to aid you when accomplishing tasks, projects or are working toward goals and deadlines.

Time management is about effective scheduling of your time, goal setting, prioritizing and choosing what to do and what not to do, delegating tasks, analyzing and reviewing your spent time, organizing your workspace, keeping your concentration and focus at your work, motivating yourself to work towards a goal.

This section of Mind Tools teaches you time management skills. These are the simple, practical techniques that have helped the leading people in business; sport and public service reach the pinnacles of their careers

So, how can you make this time, develop your knowledge, and increase your value, both to your organization and to future employers?

There are several reasons why you might not make learning a priority. Volume of work is the most obvious reason: with work and personal responsibilities competing for your attention, it can feel impossible to find room in your schedule for learning.

#### **Objectives of our Study**

After along consideration and consultation through our field work and collection of 120 samples we came to conclusion and prepared a time table for the better development of India. Let us have a view on that.

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Sl. No	DIVISION	TIME SCHEDULE	HOLIDAY
01	All Junior & Senior College	6.00 am to 12.00 Noon	Sunday
02	All Middle Schools	7.00 am to 12.00 Noon	Monday
03	All High Schools and below	8.00 am to 12.00 Noon	Tuesday
04	All Govt. Offices	12.00 Noon to 6.00 Pm	Wednesday
05	All banks, Co-operative sector & NGO's	03.00 Pm to 9.00 Pm	Thursday

#### Merits or Objectives of the above TIME TABLE

This time schedule helps us to

- 1. It will be Save the Time.
- 2. It will be Save the Money.
- 3. It helps more jobs Oriented.
- 4. It Avoid Tensions.
- 5. It Regulates us to obey Traffic Rules /suitable for journey.
- 6. It Give more suitability for our life.
- 7. It provides more time to work in a proper way.
- 8. It helps us to use more resources.
- 9. We can give the time for family.
- 10. We can give proper time and concentration for the job.

Moreover the above eight Points it helps us to manage the family situation more comfortable, fruit able and easier and it's the tool of development.

#### **Hypothesis**

When we follow this above time Schedule, we can do more work in a short span of time. If we follow this absolutely we can save time treasure and talent also. And also we can improve our life style and support to the development of India.

#### Sampling

Researcher takes the sample from M. S. W. College Amalner. According to the senses method of P J N College of Social Work we took 120 Samples they are from different areas and belongs to of 29 villages the opinion about time management schedule that is for development of India.

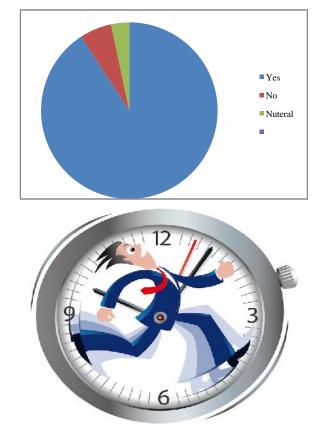
#### Data Collection

We collected this above data from the help of primary and secondary data collection in that observation, supervision, questions, and interview also includes. And reference of different books, articles, magazines, website etc. as well as Internet searching and Encyclopedia

#### Findings

#### Is It really save the time to use this Schedule"

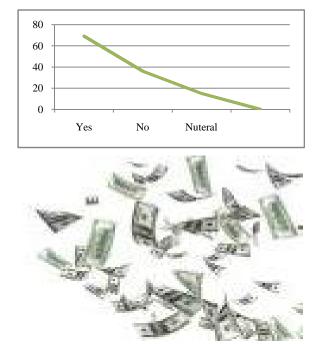
The respond of MSW student 109 responded means 90.83%. give the positively say the save TIME. 7 Responded says No to save time means 5.83%. 4 responded say Nothing ie. 3.33%.



Conclusion is that maximum respondent say when we follow the Schedule we can save the time

#### Is it really saving the money to use the Schedule?

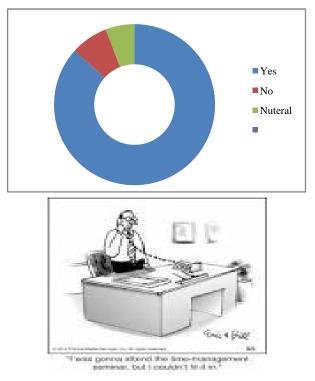
The respond of MSW student 69 responded means 57.05%. give the positively say the save Money. 36 Responded says No to save Money means 30%. 15 responded say Nothing ie. 12.05%.



Conclusion is that maximum respondent say when we follow the Schedule we can save the Money

#### Is it helps to doing more jobs oriented?

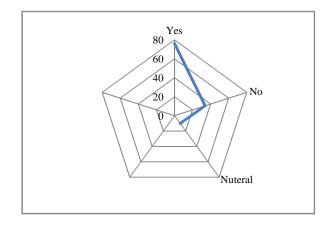
The respond of MSW student 104 responded means 86.06%. give the positively say Schedule helps to doing more job oriented. 9 Responded says No Schedule helps to doing more job oriented means 7.05%. 07 responded say Nothing ie. 5.08%.



Conclusion is that maximum respondent say when we follow the Schedule we can save the Money

# Is it helps us to avoid the tensions?

The respond of MSW student 76 responded means 63.33%. give the positively say Schedule helps to avoid Tensions. 34 Responded says No Schedule helps to avoid tensions means 28.33%. 10 responded say Nothing ie. 08.03%.

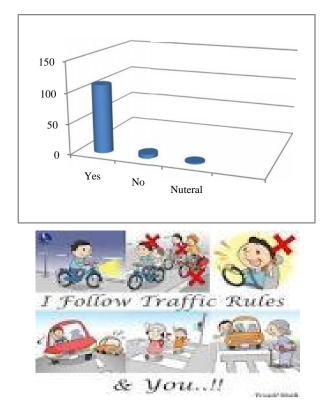




Conclusion is that maximum respondent say when we follow the Schedule we can avoid the tenisions.

#### Is it regulating us to obey traffic rules?

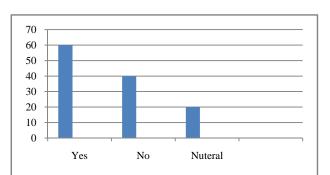
The respond of MSW student 111 responded means 92.05%. give the positively say Schedule helps to obey traffic rules. 7 Responded says No Schedule helps to obey traffic rules means 5.08%. 2 responded say Nothing ie. 01.06%.



Conclusion is that maximum respondent say when we follow the Schedule we can obey traffic rules

## Is it giving more suitability in our life?

The respond of MSW student 60 responded means 50.00%. give the positively say that Schedule helps to give more Suitability. 40 Responded says No that Schedule helps to give more Suitability means 33.33%. 20 responded say Nothing ie. 16.66%.

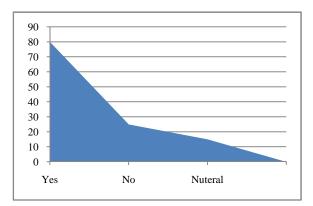




Conclusion is that maximum respondent say when we follow the Schedule helps to give more sutability.

## Is it providing more time to work in a proper way?

The respond of MSW student 80 responded means 66.66%. Give the positively say that Schedule helps more time to work. 25 Responded says No that Schedule helps more time to work means 20.83%. 15 responded say Nothing ie. 12.05%.

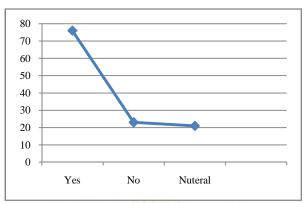




Conclusion is that maximum respondent say when we follow the Schedule helps more time to work.

#### Is it helping us to use more resources?

The respond of MSW student 76 responded means 63.33%. Give the positively say that Schedule helps to use more resources. 23 Responded says No that Schedule helps to use more resources means 19.16%. 21 responded say Nothing ie. 17.05%.

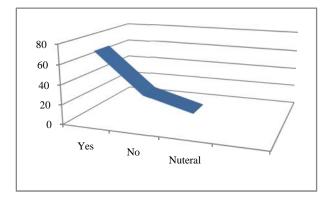




Conclusion is that maximum respondent say when we follow the Schedule helps to use more resources.

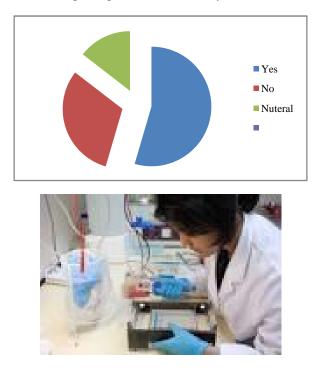
# We can really give the time for family to using this time table Isn't it?

The respond of MSW student 71 responded means 59.16%. Give the positively say that Schedule helps to spent time with family. 31 Responded says No that Schedule helps to spent time with family means 25.83%. 18 responded say Nothing ie. 15%.





Conclusion is that maximum respondent say when we follow the Schedule helps to spent time with family.



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# Is it given a proper time and concentration for the job?

The respond of MSW student 60 responded means 50%. Give the positively say that Schedule helps to spent time with family. 34 Responded says No that Schedule helps to spent time with family means 28.33 %. 16 responded say Nothing ie. 33.33%. Conclusion is that maximum respondent say when we follow the Schedule helps to spent time with family.

Is it suitable for taking the holiday as per the above timetable?

Sl. No	Respondents	Percentage
01	Yes	14.16%
02	No	03.33%
03	Depend on Policy	34.16%
04	Depend on Officers	15.83%
05	Depend on Government Officers	07.05%
06	Depend on State Policies	16.66%
07	Depend on Central Polocies	08.33%
Total		100%

Conclusion is that maximum respondent says this holiday time table is very suitable for the common life.

## References

Confessions, St. Augustine Britannica Encyclopedia Wikipedia, Net.

#### Suggestions

Our Indian time Table is too much hectic. So it is necessary to change. More flexibility is needed to our Time Table. After doing the hard work and field work people wants to take rest, and change and such a Schedule gives us a rest, change, suitability for more work. Several people utilize several times to producing services and facilities. To utilize such a schedule we can acquire skill knowledge and attitude.

