HEALTHCARE CONGLOMERATION IN GARDEN - GARDEN IN HEALTHCARE CONGLOMERATION (PLANNING FOR AN HEALTHCARE VILLAGE IN IMPORTANT LOCATIONS)

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ABSTRACT

History: As mentioned in Vedas with Pranayama body gets strength vigor and concentration and if these things are developed by Pranayama the diseases or ailments are afraid of coming nearer to you with the good habits like see good, hear good speak good and live with integrity one can live 100 years. A healthy body is a dweller of sound mind.

Definition: According to world health organization health means "State of Complete Physical, Mental and Social Well being and not merely the absence of disease or infirmity". Health, Care or Healthcare is the maintenance or improvement of health via the prevention, diagnosis and treatment of diseases, illness injury and other physical and mental impairments in human beings.

Planning of Healthcare Village: A comprehensive plan is designed to decentralize the healthcare system in the State by introducing healthcare villages between two Districts and Developing them into a comprehensive way of hospitals colleges and other ancillary industries and facilities connected with the healthcare system.

Conclusion: It is also designed in such a manner that the healthcare village will develop total medical education, healthcare facilities, healthcare providers and also to bring out the local talent who are finally utilized locally.

INTRODUCTION

Definition: Conglomeration is a fancy word for a bunch of stuff brought together.

People, companies, ideas, and other things can group together in conglomerations.

1. "A healthy body is the dweller of sound mind"
2. "The state of being free from illness or injury"
3. As defined by World Health Organization (WHO), it is a
   
   "State of complete physical, mental and social well-being and not merely the absence of disease or infirmity"

Some other definitions are:

1. A person's health is the condition of their body and the extent to which it is free from illness or is able to resist illness.
2. Health is a state in which a person is not suffering from any illness and is feeling well to drink someone's health
3. The health of something such as an organization or a system is its success and the fact that it is working well.

At a nutshell,

"it is state, condition and shape"

Meaning of Health

1. As mentioned in Vedas “Pranayamaat Pusthi Gotrya Stejo Yashobalam
d(1). The meaning of the above caption is with Pranayama body gets strength, vigor and concentration. If these things are developed by Pranayama the diseases or ailments are afraid of coming nearer to you.

Drussena Saradaam Satam
Sunyama Saradaam Satam
Prabravama Saradaam Satam
Adhinaa Syama Saradaah Satam
Bhuyama Saradaaah Satam

Means, "one has to live for Hundred years"

How?
With good habits like See Good, Hear Good, Speak Good and Live with Integrity (1)

**Healthcare**

1. "Health", "care" or Healthcare is the maintenance or improvement of health via the prevention, diagnosis, and treatment of disease, illness, injury and other physical and mental impairments in human beings. Healthcare is delivered by Healthcare professionals in allied health fields (3)

2. The set of services provided by a country or an organization for the treatment of physically and mentally ill

**Health is both State and Central Government subject**

**Central Government**

At Central level uniform health laws that are to be implemented throughout the country that has to be enacted by the parliament. Whereas in all the states the health environment, people's needs in terms of healthcare, the local conditions (Geological, Cultural and Habits) differ from state to state. Each state has to prepare a healthcare planning to the state population as mentioned above. It is said and recognized universally that, "HEALTH IS WEALTH"

**State Government**

It is the responsibility of the State Government to take care of the health of each and every one irrespective of caste, creed and religion and rich or poor; More so, the poor and the downtrodden are the people who, whether can get better healthcare nor they can afford it. In this regard, an earnest attempt is made to bring healthcare to one and all in the State with minimum effort so that the Government can take care of majority of the people's health.

The present system of healthcare setup i.e., Government Hospitals at District and Mandal Levels, Super specialty hospitals, primary healthcare centers and anganwadies are unable to cope up with the demand of the healthcare needs of the population due to many constraints like facilities, finance, infrastructure and trained healthcare professionals.

In this regard, an attempt is made to decentralized the healthcare facilities in the state so that the facilities are brought nearer to the people by reducing the distance and movement.

The present corporate culture that has mushroomed are only to the rich and affordable class. On the other hand people in the middle and the below poverty line are unable to access to such facilities, and thus, it has become a nightmare even to approach the corporate hospitals.

**Integrated Healthcare Planning**

To augment all these things an integrated healthcare village is to be developed with public private participation even inviting the NRI's for their contribution. The integrated healthcare village is to be so designed so that the natural environment is to be brought, which is a vital point for recovery of the patients and present motto of internationally acclaimed healthcare facilities in developed nations.

**Developent of health village - helth village**

**Designing**

1. The Health village that is going to be developed as an integrated Healthcare including teaching with ancillary facilities connected with Healthcare system are to be divided into sector wise, mentioned below.

**Healthcare College and Hospital:** An Integrated Multi Specialty / Super Specialty Hospital coupled with medical college in the following disciplines are to be established

a) Allopathic Medical College Hospital
b) Ayurvedic Medical College Hospital
c) Homeopathic Medical College Hospital
d) Siddha Medical College Hospital (AYUSH)
e) Unani Medical College Hospital
f) Yoga Nature Cure Centre

**The Following centers are to be included**

a. Wellness and Healthcare hub with ultra modern facilities
b. Recuperation center for the patients after procedure
c. Rehabilitation center
   • drug addiction centers
   • Training Facilities for the patients after procedure who needs it
   • Training facilities for the people who are given artificial limbs
   • Training Facilities for partially and fully impaired people
   • Physical Therapy

**Regeneration Center**

1. Post Graduate (MD, DM, MS etc.,) Colleges in the above said disciplines:
2. Dental College (Graduation and Post Graduation)
3. College of Ophthalmology
4. Post Doctoral research centers in all disciplines
5. College of Nursing (B.sc Nursing and M.sc Nursing)
6. Center for Traditional Medicines Treatment and Development
7. Training Centers with certificate facility for
   • Para medical staff
   • Lab Technicians
   • Technicians for diagnostic centers

**College of Bio Medical, Instrumentation, Electronic and Robotic Engineering**

Administrative College (BBA & MBA) with specialization on Hospital, Hospitality Management, Healthcare Tourism with International Standards
The above Educational Institutions and Hospitals are the core of development in health village. The advantage being the students who are studying in different disciplines will always have an environment of interactions among themselves and have the opportunity to know more about other disciplines which they are not studying. This will give an environment of a Doctor to have a basic knowledge of different systems of healthcare that is being practiced in and around the globe.

**Development of Herbal And Medicinal Plants In And Around The Township**

This creates a good environment for the people in the village and the patients because herbal and medicinal plants will have good effect on health for everybody. These herbal and medicinal plants are so developed so that they not only give a good environment but also useful for the alternative system of healthcare therapy (Ayush).

**Ancillary facilities to be developed**

1. Blood bank with International Standards
2. Pharmaceutical stores for each discipline (Allopathy, Ayush) at every nuke and corner in the health village easily accessible at short time and distance to the public
3. Information Centers at different places starting from at the entrance of health village to guide the people
4. 24 hrs Ambulance service with all latest ICU Facilities
5. A small air strip for emergency landing of Air Ambulance (Ambulatory Service)
6. Ultra Modern Laboratories, Diagnostic Centers, Clinical Facilities for testing of all types of diseases (Internationally accredited facilities)
7. Center for manufacture of Artificial limbs etc.,
8. Donor Club for voluntary registration of organ transplantation
9. Hotel Facilities including Star Hotels for international patients
10. Service and repairing Centers for all medical equipments

**Infrastructure**

1. Spacious well built internal roads with medicinal trees like Neem on either side of the road for free movement with sign boards.
2. Pollution free (Electric busses) internal bus service free of cost
3. Information Centers at important places to guide the people
4. Mini Super Bazaars are to be located at every important place
5. Well illuminated lighting facility on either side of the roads
6. A small garden with relaxing facilities at important junction in between the buildings with playing facilities for kids
7. Development of small water ponds and waterfalls with attractive different species (Color Fishes)
8. The entire village should give an impression that there is totally a natural environment

**Agriculture**

Depending upon the size of the village Ac. 50.00 cents of land is to be earmarked for agriculture farming. The entire needs of the village in terms of agriculture produce including Rice, Wheat, Vegetables etc., are to be produced in the farm and for this purpose,

1. An agriculture college (B.sc & M.sc Agriculture)
2. A seed development center to be established.
3. Soil Testing Laboratory

This health village farm will produce all the varieties that are to be consumed in the health village with natural ingredients and natural environment, thus giving hale and healthy nutritious and nourishing food products. All the roof tops of the buildings are to be fixed with solar panels to make the village a self sufficient in electricity - Thus reducing the burden on the Government on procuring electrical energy for the village to the maximum.

**Residential facilities**

a. Residential quarters for the doctors (bachelor and married)
b. Quarters for the nursing staff (male and female separately)
c. Quarters for Paramedical staff
d. Quarters for other category of people connected with the hospitals
e. Residential Quarters on rent in different categories for the accomplishes of the patient
f. Quarters for the Administrative Staff

All these residential quarters are to be so designed that they are well within the reach of the respective departments. The quarters are interconnected with communication facility which is under the control of the hospitals for emergency calls. This kind of township will create an environment for the medico students to get actual training while learning.

The Township should be so designed that the central place should have a gurgling mini waterfall that empties into a pond with around 100 species of fish, birds and butterflies, of 50 to 60 species of each fleeing about a tropical rain forest. The entire area is to be surrounded by trees of medicinal value, herbal plants, vegetables and flowers to create healthcare facility that is worthy of international promotion. In between buildings small gardens/ landscapes are to be developed.

This healthcare village once if it is developed will become a healthcare model township.

**METHODOLOGY**

This Health village is a new concept developed to integrate all the Healthcare divisions as a coglomeration, so that the people in and around are benefited. Keeping in view to bring all the Healthcare facilities At one point, an attempt is made in preparing this article. There is no particular methodology that is being used except a planning a given. This can be changed according to the circumstances prevailing in a particular area of a country, where Health Village is to be developed according to the local conditions.

**Important Aspects That Are To Be Taken Into Consideration by the Government**

1. 50% of the admissions in all the different colleges in the healthcare village should be reserved at 25% each to each District and 50% open offer.
2. Employment should be as mentioned above
3. Make it mandatory for all the medicos, Paramedical staff and Nursing Staff who come out successfully and others from all the colleges from the healthcare village have to work for a period of minimum five years in the healthcare village (Compulsory).
4. 50% of the healthcare facilities are to be reserved for the White Card Holders and the people below the poverty line (Arogyasri).
5. 25% of the medical facility should be to the affordable class.
6. 25% should be for international patients to earn foreign exchange - which will be utilized for the import of latest equipment and technology.
7. An information center is to be established in the village with all the details by way of broachers, advertisements to attract international patients. This center should be well connected internationally with latest modern communication equipment.
8. This creates an additional development in and around the village, thus the entire district will develop uniformly.
9. All the healthcare village in the State are to be interlinked with latest technology so that the procedures that are being followed in each healthcare village will be available to other healthcare villagers so that the doctors can share their opinions and medicos will have an interaction with medicos of different healthcare villages thus creating a cooperative functioning of the healthcare system in the State.
10. This development will create additional employment in the following manner
    a. Computer centers
    b. Service Centers for different fields
    c. Logistics
    d. Banking Services

It is so planned during development and constructions stage local material, local labour and local technology and Engineers are to be used so that to reduce the cost of construction.

The advantages of healthcare village are

a. The Revenue generated will be shared by both the Districts
b. Employment generation to the people of all walks of life like medicos, engineers, paramedical staff, administrative staff, technicians etc, - which results in discouraging migration (local employment generation)
c. Revenue generated is utilized locally
d. Creates local employment potential to the youth
e. Ancillary and Subsidiary Industrial Development
f. Administration to the Village
g. Decentralization of healthcare
h. Local People getting healthcare needs of international standards within their reach
i. Local talent can be utilized locally to the benefits of local people.
j. Since the healthcare village is between Two Districts a uniform development of health and healthcare throughout the state will take place.
k. Concentration of talent and earnings are decentralized. Since this healthcare villages are within the ambit of

District Collectors, they can have better control of peoples' health.

l. People who are eligible under Arogya Sri Scheme, are getting healthcare needs locally, the amount reimbursed by the Government will be utilized locally and in the local government hospitals only. Thus it creates an healthy atmosphere of money collected from the public will be utilized for the public only. (This discourages the private hospitals, utilizing the Arogya Sri Scheme to their own advantages)
m. This creates a good healthy atmosphere and reduced the burden on the state exchequer.

CONCLUSION

However, the concept is not new to India. Our centuries old "Prakruti Vaidyam - Nature cure" is nothing but the so called Singapore concept. However we lost this tradition and it is our responsibility to revive it. The healing power of exposure to nature, a thousand years old belief and practice that has been neglected by modern medicines, drugs and surgery have to be revived. The main effort of this concept is to provide holistic healthcare to the public.

I conclude this presentation with a moto

"HEALTH IS WEALTH - HEALTH IS FOR ALL"

Future Study

There is a scope for development of this Health Village according to changed circumstances and environment in future. I made an attempt to give a comprehensive Health Village, bringing majority of the aspects to the extent possible in prevailing circumstances in my country (India) ad in particular, a developing state like Andhra Pradesh (India). Each country will have their own environmental aspects related to Healthcare and those countries if they want to adopt, have to re-align accordingly.

Note: This concept has been developed in line with Indian Environment in particular the State of Andhra Pradesh which is an upcoming state in India. This concept can be re-aligned to suite the Global Environment of that particular area so as to get the desire results. Since it is a new concept developed by me, there is no particular method adopted by me, except bringing all my thoughts into a conglomeration. There are no references except the two references, which are mentioned at the end of this article.

References

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Definitions
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